



# TMD, Orthodontics and Restorative Dentistry

*theoretical lecture*

## Course Curriculum

This training module provides a comprehensive overview of temporomandibular disorders (TMDs) and their connection to dentistry and orthodontics, exploring current understanding and clinical relevance. It includes a step-by-step clinical protocol for the screening and diagnosis of TMDs, starting with effective patient history taking and thorough clinical examination. The role of imaging in assessment is also covered. Finally, participants will learn to manage temporomandibular symptoms using an evidence-based clinical protocol to ensure accurate diagnosis and effective, patient-centered treatment. The course will be conducted in English.

### Dr. Diana Boangar

Dr. Elia Diana Boangar is an Orthodontics and Dentofacial Orthopedics specialist. She graduated from "I. Hatieganu" University in 2006 and earned her Master's in Orthodontics in Cluj-Napoca and Bordeaux in 2010. She practices in Cluj-Napoca and Zalau and joined the "Learning by Doing" platform in 2015 to promote ethical dentistry. Dr. Boangar lectures nationally and internationally on skeletal anchorage and interdisciplinary adult treatment.



Hotel Mövenpick Tallinn, Estonia



20th of March 2026



Early bird: 450€ (until 31.12.25), late bird 550€

\*Register for both days -20% discount

\*For EST residents: one day 250€ and both days 390€

\*VAT will be added

**More Information and Registration: [info@orthoq.ee](mailto:info@orthoq.ee) or +372 5693 5646**

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