



Clinical protocols for efficient and predictable results

theoretical lecture

Course Curriculum

The training covers all key aspects of planning and executing successful orthodontic treatment. It begins with in-depth case analysis and diagnosis, the foundation of effective care. The course explores the indications, timing, and methods for incisor intrusion, as well as strategies for molar uprighting. It also delves into the biomechanics of space closure and concludes with a clinical protocol for achieving both aesthetic and functional excellence in orthodontic finishing. In addition, the course provides detailed discussions on both traditional bracket and modern aligner treatments, including their indications, benefits, and limitations. The course will be conducted in English.

Dr. Diana Boangar

Dr. Elia Diana Boangar is an Orthodontics and Dentofacial Orthopedics specialist. She graduated from "I. Hatieganu" University in 2006 and earned her Master's in Orthodontics in Cluj-Napoca and Bordeaux in 2010. She practices in Cluj-Napoca and Zalau and joined the "Learning by Doing" platform in 2015 to promote ethical dentistry. Dr. Boangar lectures nationally and internationally on skeletal anchorage and interdisciplinary adult treatment.



Hotel Mövenpick Tallinn, Estonia



19th of March 2026



Early bird: 450€ (until 31.12.25), late bird 550€

*Register for both days -20% discount

*For EST residents: one day 250€ and both days 390€

*VAT will be added

More Information and Registration: info@orthoq.ee or +372 5693 5646

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